



WE ARE A FREE
DROP-IN CENTER
OPEN TO ALL

Mon	Tue	Wed	Thu	Fri
			1 Game Day & Pizza Party!	2 Queer Affinity 12-1pm

5 6 7 8 9
CLOSED **PEERPOCALYPSE** **CLOSED**
MAY 5TH - 8TH, 2025

12 TIGARD BOWL 11-12:30pm	13 Better Days 12-1pm Coffee & Conversation Group	14 Art Day! TEDTalk 12-12:30pm	15 Game Day & Pizza Party!	16 Queer Affinity 12-1pm
19 Alt2Suicide 12-1:30pm	20 Hearing Voices 12-1:30pm	21 Art Day! TEDTalk 12-12:30pm	22 Game Day & Pizza Party!	23 Queer Affinity 12-1pm
26 Movie Matinee ROXBURY 12-3pm	27 OMSI Oregon Museum of Science and Industry Sign-Up Online!	28 Art Day! TEDTalk 12-12:30pm	29 Game Day & Pizza Party!	30 Queer Affinity 12-1pm Spill the Tea 4pm -4:30pm



HOURS:

OPEN DROP-IN HOURS
EVERY WEEKDAY!

MONDAY - FRIDAY
11:00AM-4:00PM

**CLOSED FOR
PEERPOCALYPSE
MAY 5th - 9th**

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Welcome Back Mondays!



Alternatives to Suicide is for those who struggle with suicidal thoughts. We're a safe, nurturing place where you can talk about thoughts of not wanting to live without fear of judgment or intervention.



We organize and plan trips into the community that are fun and engaging.



Watch a movie, eat some popcorn!

Groups and Affinities



Talk about recovery - your way! Built off a curriculum that's flexible to talk about what's going on in daily lives and share coping skills with other members of the group.

Groups and Affinities Cont.



A safe space for people to gather with peers having similar experiences. A place to share and validate our realities.



A day of creativity! Join us for things like Ink&Improv, Telestrations, or simply coloring and chatting. No experience needed—just bring your imagination!



A popular way for people to learn new things and gain new perspectives, followed by discussion.



Board games, card games, TTRPGs, video games!



A wellness group for those who fall somewhere within the 2SLGBTQIA+ spectrum.